



# SEPTEMBER 16 - 23 MENU

INDOOR DINING / COVERED PATIO / TO-GO / DELIVERY

612-445-8822 or Order Online

## BREAKFAST Served until 2:00 pm

### Open-Faced Egg Sandwich\* 13

Over Easy Egg, Basil Aioli, Arugula, Bacon, & Tomatoes on Honey Wheat with House Greens, Herb Vinaigrette

### Classic French Toast 12 (Half Order 6)

### Apple French Toast 16

**Heirloom Tomato Hash\*** Basil Aioli, Arugula, Parmesan Cheese, Fried Sweet Potatoes, Eggs, & Heirloom Tomato Bruschetta 16

### Avocado Toast 7

Option to add Egg +2

### Breakfast Biscuit Sandwich 13

Maple Butter, Fischer Farms Sausage, Scrambled Eggs

### Breakfast Sandwich 14

Ham, Eggs, and Cheddar on Honey White

### Scrambled Eggs 12

served with Toast and choice of breakfast meat: Fischer Farms Bacon, Sausage Patty, or Maple Coil Sausage

### Quinoa Breakfast Bowl 17

2 Poached Eggs, Arugula, Avocado, Fried Sweet Potatoes, Black Beans, Pickled Jalapenos and Chimichurri

## CREPES Served daily until 2:00 pm

### • Cheese Crepe 10

**Add-ons:** Mushrooms +1 / Onions +.50 / Ham +1.50 /

with Green Salad Side

### • Mixed Berry Preserve 6

## WEEKEND BRUNCH SPECIALS ON BACK

## BREAKFAST SIDES

Egg 2, Fischer Farms Bacon Slice 2, Sausage Patties, or Maple Coil Sausage 5, Breakfast Sweet Potatoes 4, Slice Toast 2

## DELI CASE Served All Day

### • Egg Salad (GF/DF)

### • Fall Quinoa with Kale

### • Poppy Seed Chicken Salad with Almonds

### • Mediterranean Tuna Salad

### • Golden Beet Salad with Hazelnuts & Goat Cheese

### • Potato Salad with Bacon (GF/DF)

### • Small Guacamole 8 (GF/Vegan)

### • Tortilla Chips 3 (DF)

### • Heather's Chex Mix 11

### • Granola 12

## SALADS

### Summer Stone Fruit Salad 16

Mixed Greens, Peaches, Pistachios, Local Goat Cheese, Mint, Lemon Shallot Vinaigrette, and Blackberries.

### Southwest Salad 14

Mixed Greens with Cilantro Lime Vinaigrette, Black Beans, Queso Fresco, Red Peppers, Corn, Pepitas, Tortilla Strips

### Crispy Buffalo Chicken Salad 15

Carrots, Blue Cheese, Radish, Sunflower Seeds, Mixed Greens and Blue Cheese Dressing.

### House Salad 7

with Mixed Greens, Carrots, Radish, Sunflower Seeds, & Herb Vinaigrette

## LUNCH & DINNER

### SANDWICHES

Sandwiches are served with Mixed Greens, or Fries, or upgrade to Tater Tots, Bacon Potato Salad, or Truffle Fries +2

### Roasted Turkey 16

Tomato, Avocado, Basil Aioli, Bibb Lettuce, on Honey Wheat

### Blackened Salmon BLT\* 18

Fischer Farms Bacon, Mayo, Bibb Lettuce, Tomato, on Honey White. Add Avocado +2

### Spicy Buffalo Chicken 15

Honey Blue Cheese Mayo, Blue Cheese Crumbles, Shredded Carrots, Lettuce, Celery and Pickles

### Summer BLT 17

Heirloom Tomato, Fischer Farms Bacon, Gem Lettuce, Basil Aioli on Honey White Bread

### Egg Salad 13

Lettuce on Honey Wheat

### Cubano 17

Fischer Farms Roast Pork Loin, Ham, Gruyere, Pickled Onions, Pickled Jalapeno Peppers, Green Chilis, Sweet Mustard Sauce, on a French Roll

## SOUPS

Cup 5 / Bowl 7 / Quart 13

Three rotating soups served daily.

Check the online menu for today's options.

### BURGERS Served Anytime

Sandwiches are served with Mixed Greens, Fries, or upgrade to Tater Tots, Bacon Potato Salad, or Truffle Fries +2

### Blue Cheese Burger\* 17

Local Beef Patty, Balsamic, Caramelized Onions, Sweet Honey Mustard Aioli with Lettuce, on a cottage White Bun

### Field Burger\* 16

Cheddar, Fischer Farms Bacon, Mayo, Lettuce, Tomato

### Mushroom Quinoa Burger 17

Pickled Onions, Red Pepper Aioli, and Muenster Cheese

### MAINS Served Anytime

### Buddha Bowl 17

Coconut Jasmine Rice, Roasted Sweet Potatoes, Cauliflower & Red Peppers, Pickled Red Onion, Kale, Curry Tofu, Cilantro Chutney (VEGAN)

### Teriyaki Salmon Bowl\* 21

Edamame, Pickled Onions, Peppers & Onions, Avocado, Rice and Broccoli (GF)

### Chicken Paillard Pasta 18

Sautéed Greens & Mushrooms, Angel Hair Pasta

### Ahi Tuna Poke\* 21

Sesame Soba Noodles, Cucumbers, Mango Salsa, Pickled Ginger, Avocado, Wontons, & Napa Slaw

### Heirloom Tomato Pasta Pomodoro 20

Angel Hair Pasta, Heirloom Tomato Bruschetta, Olives, Artichokes, Burrata & Parmesan Cheese

\*These items are served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

GF= Gluten Free DF= Dairy Free

## DINNER SPECIALS (AFTER 4PM)

MONDAY (9/16)

### Basil Pesto Shrimp Quesadilla

Grilled Shrimp, Basil Pesto, Roasted Red Peppers, Feta & Mozzarella served with a Side Salad 18

TUESDAY

### Asian Beef Stir Fry Rice Bowl

Broccoli, Pea Pods, Peppers and Onions, Cashews, Green Onions & Scallions 20

WEDNESDAY

### Ahi Tuna Nicoise Salad

Green Beans, Mixed Greens, Fingerling Potatoes, Olives, Tomatoes, Red Onions, Capers and Hard Boiled Eggs, with Mustard Vinaigrette 18

THURSDAY

### Chicken Parmesan with Broccoli & Pappardelle pasta 19

FRIDAY

### Thai Coconut Lime Salmon

Jasmine Rice, Sautéed Spinach, Peppers, Onions 21

SATURDAY

### Grilled Lamb Chops

Green Goddess Sauce, Heirloom tomato Panzanella Salad & Balsamic Vinaigrette 22

SUNDAY

### Buffalo Shrimp Wedge Salad

Blue Cheese Crumbles, Cherry Tomatoes, Shaved Red Onion, Diced Celery and Carrots and Blue Cheese Dressing 19

### WEEKEND BRUNCH SPECIALS

#### Fisher Farms Ham Benedict

Breadsmith English Muffin, Poached Eggs, Grainy Mustard Hollandaise & Side Green Salad 16

#### Açaí Bowl

Granola, Coconut, Fresh Fruit 10

### BOXED LUNCHES & CATERING

AVAILABLE

Call 612-445-8777 for catering!

## KIDS MENU \$8

SERVED WITH A SIDE OF FRUIT, FRIES, OR GREENS

### Grilled Cheese

### Cheeseburger

### Mac N' Cheese

### Pepperoni Pizza Rolls

### Chicken Breast (Crispy or Grilled) with BBQ Sauce



### Call for Daily Dessert Special

#### Cookies 2.50

- Chocolate Chip
- Gluten Free Peanut Butter
- Flourless Chocolate Chip

#### Ice Cream 3.75

Today's Flavors:

Vanilla

Flavor of the Day

### PASTRIES

#### Croissants 3.50

#### Chocolate or Almond Croissant 3.95

#### Ham and Cheese Croissant 6

#### Budapest Muffin 3.50

#### Muffin of the Day 3.50

### COFFEE

#### Regular or Decaf, Cold Press

Latte, Cappucino, Macchiato, Espresso, Mocha, Americano, Miel

### Coffee Drink Options

#### Iced or Hot

Flavor Shots: Vanilla, Sugar Free Vanilla, Caramel, Coconut, Hazelnut, Lavender, & Butterscotch

Milk Options: Whole, Skim, Oat, & Almond

### OTHER DRINK

#### Iced Tea, Hot Tea, Lemonade,

Arnold Palmer, Chai Tea Latte, Matcha Tea, Coke, Diet Coke, Sprite, Mineral Water, Orange Juice, Flavored San Pellegrino

### WINE & BEER

Rotating selection available when dining-in.

# 612-445-8822

Call ahead for pick up at our walk-up window!

5201 Chicago Ave, Minneapolis MN 55417

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